





A Word from the Head of School —



"Since every class is different, ultimately the decision rests with the teachers who know best the character of their classroom and the potential for experiential learning to work."

A Blend of Theories

The concepts of traditional and progressive education are rooted in the ideas of John Dewey, an American philosopher and education reformer.

Our school is a blend of both educational theories, as our founder, Louise Balmer, passionately studied the work of Dewey.

The dominant mode of teaching in America has been centered on efficiently exposing students to topics, ideas and principles to master a subject. Lecture and instruction take precedence over "risky" strategies such as discovery learning and experiential activities. Dewey was one of the first American educators who saw the importance of connecting the process of education to relevant experiences.

In the 19th century, schools began to describe their programs along the continuums of traditional and progressive education. Today, as during the time of Dewey, there is a wide-spread debate on how we should educate our children. Traditional schools tend to prepare students with the skills, knowledge and insights to perform well in key subject areas and thrive in the world. Progressive schools, on the other hand, view their role as social service agencies that invest significant time in preparing students to be change agents in a complex and ever-evolving world and to make it a better place.

I suspect that no educational institution exists that is purely progressive or purely traditional. Concurrently, no school exists that has managed to escape the influences of either concept. Our school's commitment to the underpinnings of each of these educational philosophies is the hallmark of LJCDS.

The debate between the traditionalists and the progressives will continue to endure. However, research and our experience suggest that teachers who possess a command of their subjects, offer relevant instructional techniques, and establish meaningful relationships with students are most likely to create the best learning environment for their pupils. Since every class is different, ultimately the decision rests with the teachers, who know best the character of their classroom and the potential for experiential learning to work.

LJCDS's promise, Inspiring Greatness for a Better World, was born from our commitment to providing both a traditional and progressive education. We are dedicated to preparing students to thrive academically and socially. We also pledge to graduate students who are equipped and empowered to advance our world with dignity.

Gary Krahn, Ph.D.

Head of School

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1926 is published by the La Jolla Country Day School marketing and communications department. If you're reading this online and wish to receive a copy or if you prefer to opt out of receiving a mailed magazine, please contact communications@ljcds.org.



ON THE COVER: Photography by Harry Eelman

FEATURES

Selling Security and Building Relationships

Rinaldi Pisani '87 celebrates 20 years working for a cybersecurity company, where he witnessed the evolution of an industry.

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Uninhibited & **Abstract**

Ali Silverstein '98 lets go of perfectionism to make art that pushes boundaries and upends the status quo. Her work has been featured around the world.

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$\mathbf{Social} \, \textcircled{\textbf{\textit{a}}} \mathbf{LJCDS}$

INSTAGRAM



















FACEBOOK & TWITTER















So many great Flex Time options were offered at today's Flex fair! Did you decide what you're going to join? •

POSTED ON AUGUST 28, 2019



Imagine being asked to build a tower that can hold a cup of water on top without falling. You're given plastic and paper cups, popsicle sticks and wooden blocks to make the tallest tower you can. Do you think you could do it? Our Lower School students accepted this challenge. Check out the results! 0

POSTED ON AUGUST 27, 2019



Today, we wore white in support of Women's Equality Day and the 99th anniversary of the national ratification of the 19th Amendment. Students, faculty, staff and coaches joined in the celebration. 6

POSTED ON AUGUST 26, 2019



Sophomores and juniors spent the first day of school serving the community at Sherman Elementary School, Mission Bay, San Diego Cooperative Charter School, Words Alive and Feeding San Diego. •

POSTED ON AUGUST 23, 2019



Seniors enjoyed their time at this year's senior retreat! The class of 2020 is ready. 🔮

POSTED ON AUGUST 20, 2019



The sun will come out tomorrow! A big round of applause to the students who participated in the summer production of Annie Jr. 💿

POSTED ON JUNE 28, 2019







ccented with 3,000 square feet of Red Balau hardwood, a new color palette and updated landscaping, the enhancements to the Lower School create a warm and charming campus within a campus for our young students in Grades 1-4.

Upgrades in the classrooms include new furniture, freshly painted walls and dimmable LED lighting. The newly added contemporary flexible furniture—versatile collaboration desks, standing tables, balance ball chairs, wobble stools and floor seating—offer students more seating choices to fit their unique learning styles. Students are empowered to find their best seat for optimal learning.

"The upgrades align with the level of excellence of the Lower School program," shares Mark Marcus, assistant head of school for operations. "All the details that went into the renovation ensure that we provide the best learning environment for our students."

-TIFFANY TRUONG

RETIREMENT

Impact of a Lifetime

To be an educator is more than providing instruction. Educators have the opportunity to impact and influence the lives of their students. We thank the following community members for their dedication and service to generations of Torreys. Whether as a teacher, educational therapist or coach, LJCDS's most recent retirees left an indelible mark on the lives of their students and colleagues.

Katey Alexander possesses a quiet demeanor, but she was a major influence and source of hope to countless LJCDS students. Each student has a unique approach to learning, and Alexander helped her students identify and accept both their advantages and challenges. Her thirst for knowledge of how the brain works and her search for new ways students could learn were unwavering. Alexander's goal was to empower the Middle and Upper School students she worked with and teach them the tools to advocate for themselves. She believed she learned more from the students than they did from her and was impressed with their brilliance, perseverance and spirit in navigating different learning styles.



Katey Alexander Educational Therapist Joined LJCDS in 1992



Corinne Brunn
PE Educator, Assistant
to the Athletic Director
for the Middle School,
Women's Varsity
Softball Coach
Joined LJCDS in 1997

Corinne Brunn is a true blue Torrey. In addition to teaching physical education and coaching, Brunn was instrumental in establishing the Athletic Hall of Fame and keeping it an important part of LJCDS history. She coached a variety of sports and became head coach of softball in 1999, leading the team to several championships. A lifelong learner, Brunn earned a two-star master coach rating with the National Fastpitch Coaches Association. She emphasized to her student-athletes that working hard, making good choices and finding balance in life are important. Brunn loved working with incoming fifth-graders and seeing them grow over their four years in the Middle School.

Joe Cox, Ph.D. Head of Upper School Joined LJCDS in 2017



Emerging from his second retirement-first from the United States Army after 30 years of service and then from the Haverford School as head of school for 15 years-Joe Cox, Ph.D., returned to education to transform La Jolla Country Day School's Upper School. His one-year interim term stretched into two as he worked tirelessly to establish a culture of trust and a commitment to put students at the forefront of every decision. Known as a caring and compassionate leader, he made student wellness and meaningful relationship-building priorities.



Cathy Ellison PE Educator and Coach Joined LJCDS in 1986

Students and alumni will remember Cathy Ellison from Circus Day and Olympic Day, colorful highlights in most LJCDS memories. She loved working with the youngest Torreys and was instrumental in expanding the physical education program to the 3-year-olds in 1992. Ellison's goal was to instill a love for movement and exercise in students that would lead to lifelong habits, healthier adults and richer lives. She was a beloved cheer coach who promoted teamwork, leadership and camaraderie. Ellison encouraged students to express their authentic selves and promoted inclusiveness. She was considered the "mother" of the athletics department because she always took care of everyone she worked with. Her daughters, Jennifer '03 and Elizabeth '08, are LJCDS lifers.

Fayman's safe and nurturing classroom environment helped generations of students find their creative voice, take risks, and push themselves to think differently.

Bruce Fayman '77 and his family are Torreys through and through. The Fayman family's legacy at La Jolla Country Day School is more than 50 years deep, more than half of the school's 93-year history. Fayman and his brother, Corey '76, are LJCDS lifers. Both their parents served on the board of trustees—each as president. Additionally, the family's philanthropic contributions led to the creation of the Fayman Library, serving the Lower School. LJCDS is also where Bruce and his wife, Katey Alexander, met and fell in love. Together, they have proudly witnessed their three children, Fritz '15, Flynn '17 and Faith '19, grow up in the LJCDS community as lifers.

As an educator, Fayman played many roles at LJCDS, modeling the scholar, artist and athlete of character. His roles have included bookstore manager, athletic coach, faculty advisor of the student newspaper and yearbook, and visual arts teacher for both the Middle and Upper School. Fayman's safe and nurturing classroom environment helped generations of students find their creative voice, take risks and push themselves to think differently. As the yearbook advisor for 17 years, he worked alongside student leaders to celebrate, document and memorialize each academic year at LJCDS, and the results are now important historical resources for the school's archives.



Bruce Fayman '77 Upper School Photography, Graphic **Design Educator** Joined LJCDS in 1987



Gerry Fontanini Educational Therapist Joined LJCDS in 1991

Gerry Fontanini's education and early teaching experience were in the field of mathematics; however, her curiosity about learning, specifically learning differences, became a passion that led her to the field of educational therapy. Fontanini strived to instill confidence and self-belief in each of her students. She motivated and encouraged them to discover their potential. By teaching students to embrace their strengths. she equipped them with the strategies to succeed not only academically but also socially and emotionally. Fontanini provided a sanctuary where students felt safe to share their feelings and concerns. With a familiar and always cheery "Hello, sweetheart" greeting, students sought the safe harbor of her office for warmth and compassion. Fontanini loved seeing all five of her grandchildren attend LJCDS.

With a familiar and always cheery "Hello, sweetheart" greeting, students sought the safe harbor of Fontanini's office for warmth and compassion.

On Genesee Ave



Debbie Valentine PE Educator, Middle School **Cross Country Coach** Joined LJCDS in 1985

Debbie Valentine's enthusiasm and sincere interest in her students' well-being was a bright light for the lower and middle schoolers. She spent three years in Colombia, South America, teaching at a bilingual K–12 private school before joining the athletics department at LJCDS. Valentine believed that a positive attitude goes a long way in life and that the act of failing is part of becoming a successful individual. Her role as teacher and mentor helped students in physical education and cross country learn the value of personal goals and of being effective team players. Valentine helped students develop their skills to the best of their abilities and build resiliency in the process. She found great joy in partnering with parents and communicating to them about their child's progress and growth. Valentine made it a priority to ensure her students knew she truly cared about them and their growth as individuals.

The most important principle Peter Ogle '71 instilled in his players was to eliminate their fear of failure. His expectation was simple (and was printed on the back of the players' shirts): Get Better Every Day. Ogle's philosophy was never about winning but rather about playing well and learning from mistakes. After earning a degree in physical education from San Diego State University, he spent his entire 41-year career at his alma mater, LJCDS. Under Ogle's leadership as the head coach of women's volleyball, the team won more than 700 matches and earned seven San Diego section titles. He also coached a variety of Middle and Upper School teams and taught the Lower and Middle School physical education classes. In fall 2019, Ogle was named a San Diego High School Coaching Legend. A quiet, humble man, Ogle's focus was always on the students. He had a way of effectively inspiring everyone around him to consistently work to get better.



Peter Ogle '71 PE Educator, Women's Volleyball Coach Joined LJCDS in 1978

Marilyn Sarlin **Lower School Associate Educator** Joined LJCDS in 1985



Building character starts at a young age, and Marilyn Sarlin was a kind, thoughtful, caring role model for her students. She believed that being a person of character strengthens an individual and enriches the world. Sarlin had wanted to be a teacher since she was in second grade and made sure that her classroom was a safe, nurturing environment that allowed students in the Lower School to take risks. make their own choices, be responsible, and learn how to become the best version of themselves. Her organizational skills are legendary, and she brought joy into the classroom with her enthusiasm, creativity and humanity. Students felt appreciated for their individual talents and were often reminded of their value.

Micki Mighdoll Director of the **Learning Resource** Center, Educational **Therapist** Joined LJCDS in 1989



Micki Mighdoll's goal was to create the best possible learning environment for LJCDS students. She began as a Middle School English educator and spent a short time as a drama educator before being given the opportunity to build a learning resource center at LJCDS in 1991. With a master's in special education and an innate desire to help students learn in different ways, she grew the program and consulted with other schools and professionals as the LRC became a model for learning centers across the country. Mighdoll believed that all students have merit and ability, and their possibilities are endless if they are provided with the right tools to flourish. She encouraged her students to think outside the box and look for novel ways to find solutions. Mighdoll worked with each student to build confidence, self-esteem and academic pride, and believed that all students can achieve success.

-JENNIFER FOGARTY

Writing Her Own Path

anielle Amir-Lobel '20 earned a certificate for superior writing from the National Council of Teachers of English. Nominated by Upper School English educator Gary Peritz, Amir-Lobel was one of 210 students nationwide to receive this prestigious national award.

Amir-Lobel submitted two works to be judged for content, purpose, audience, tone, word choice, organization, development and style. Her submission for the Themed Writing portion discussed identity and gender in the realm of human suffering. She examined how literature can be powerful in the ways it speaks truth and unites people. Amir-Lobel's Best Writing submission included two creative short stories. The first, "Garden of Time," told the story of a girl who saw her future and discovered her real dreams. The second, "Engineered," depicted a futuristic society where individual choice and desire were controlled and human lives were predetermined by apps.

In addition to this award, Amir-Lobel has been honored with numerous Scholastic Art and Writing Awards and was recently

chosen as a winner of the Blackout Poetry contest in which her poem "Migrant" was one of 25 poems selected out of more than 2,500 submissions to be published in *The New York Times*.

Amir-Lobel credits her LJCDS teachers with helping her grow her passion for writing. "They recognized my passion for reading and writing early on and encouraged me enthusiastically to develop those passions further," says Amir-Lobel, adding that they were "inspirational in helping me think beyond the words on the page and discover deeper meanings within texts."

Amir-Lobel has been a standout writer and active community member on the LJCDS campus, participating as a writer and editor-in-chief of The Palette and co-editor-in-chief of Pegasus student publications. "In addition to being an outstanding scholar and writer, Danielle is also a student of character," shares Upper School Spanish educator Jaquelin Fematt Dutson. "She is a humble scholar who never hesitates to share her insights, and she does so in a kind and respectful manner." -SHELBY TODD '16



Migrant

by Danielle Amir-Lobel, age 17

The farmer sick and wilted migrated north into the United States ignoring the challenges of change a relentless force in the World

Danielle Amir-Lohel '20 earned a certificate for superior writing from the National Council of Teachers of English.



TUNE IN

Essential Listening

Are you a podcast listener? Add LJCDS's podcast, Roots and Wings: Voices of Independent Schools, to your playlist. The podcast series provides an in-depth look at the unique culture of independent schools. Host lnez Odom, assistant head of school for enrollment management and outreach, conducts indepth interviews with leaders in education at LJCDS and around the nation.

With more than a decade of experience in independent school admission, Odom fields many frequently asked questions from current and prospective parents, illuminating them about kindergarten readiness, testing and assessments, the role of the board of trustees, and the value of an independent school education.

Check out episode 13 to hear from LJCDS's very own alumni, including Jamie Coleman '07, Ian Han '10, Nina Church '12 and Julia Julima '13, as they share their experiences.

Roots and Wings: Voices of Independent Schools was recognized in the summer 2019 issue of Independent Schools, a magazine published by the National Association of Independent Schools.—TIFFANY TRUONG

Subscribe and listen on iTunes, Spotify or *ljcds.org/podcast*.

LJCDS.ORG/PODCAST

TEACHER SPOTLIGHT

Bringing the World into the Classroom

iddle and Upper School band and music educator Chad Przymus is passionate about the art and heart of taiko drumming. After studying the ancient percussion instrument in Japan through LJCDS's professional growth program, he introduced the fundamentals of taiko drumming to LJCDS students.

Taiko, performed as an ensemble, combines choreographed dance and martial arts with power and speed. Through two separate travel opportunities, Przymus studied two taiko forms under the direction of professional taiko group Wadaiko Tokara in the Nagano Prefecture and with instructor Taro Kobayashi in Tokyo.

Professional development allows educators to model for their students what

it means to be lifelong learners. "Professional development is teacher education," notes Przymus. "It is learning new information that we can bring back directly into our classrooms."

Przymus has also offered taiko lessons to faculty, staff and parents. Both student and adult courses culminate in a performance in the annual Rhythm in Blue and Taiko Beats concerts.

"To inspire greatness for a better world, we need to know more about the world," says Przymus.
"When we study an art form from a different part of the world, I ask myself: What should we bring to the classroom that reflects the values and cultural identity of that art form?"

The professional growth program is funded by the generosity of the LJCDS community. Through conferences, workshops and global excursions, faculty and staff are able to keep up with current trends and bring new ideas and innovations back to the students.

"Every year at the Blue Bash, LJCDS's annual gala, our community raises their paddles in support of professional development knowing their investment in our teachers makes a tremendous impact on our students and families," says Susan Nordenger, assistant head of school for philanthropy. —SHELBY TODD '16



To learn more about the impact of Przymus's professional growth opportunity, watch his story:

▶ VIMEO.COM/325267114



ARTS

Torreys Take Flight

JCDS middle schoolers can now consider themselves among the artists in the San Diego art community. Through a competitive submission process, the Grade 5 and 6 art project was selected to be featured in the Forces of Nature exhibition at the San Diego International Airport, alongside other professional artists.

The LJCDS art piece is one of 16 exhibits chosen out of 75 submissions. It's the only student art selected for the yearlong installation. The project's theme and title, Forces of Nature, challenged students to showcase the natural environment. They began by taking digital photos at La Jolla Shores and then abstracted them using photo editing software. Grade 5 students wove two of their best prints together. Grade 6 students cut their print into simple shapes and collaborated to create photo collages.

"The proposal provided us with an

opportunity to introduce our fifth- and sixth-grade students to the limitless potential of contemporary photography and installation art," says LJCDS visual arts educator Lissa Corona. "Our students were tasked with capturing our natural environment while focusing on the small details we often overlook as we go about our everyday routines. Through closeups, framing and cropping, our students presented abstracted versions of La Jolla Shores, which were then used to create woven photographs and photo collages inspired by contemporary artists Mayumi Lake and Aimée Beaubien."

More than 20 million people travel through the San Diego International Airport annually. The airport's arts program has invested more than \$6 million in showcasing permanent public art and annual group exhibitions by renowned and emerging artists. Each year, the airport identifies an exhibition theme relevant to

San Diego and invites interested exhibitors to submit proposals related to the topic. The arts program staff, in collaboration with a guest curator, identifies between 10 and 15 exhibitors based on their creativity. unique use of media and relevance to the proposed theme. Collectively, the exhibition presents meaningful and imaginative perspectives on a single theme for the traveling public.

The exhibition is on view in terminal 2 east, pre-security, until May 2020.

-JENNIFER FOGARTY

If you're traveling through the San Diego **International Airport, show your Torrey** pride by taking a picture and tagging @lajollacountryday and #TorreysTakeFlight on Facebook, Instagram or Twitter. For each tag, you'll be entered into a drawing for a special prize.

f ☑ /LAJOLLACOUNTRYDAY ☑ /LJCDS

PERSPECTIVE

Building Resiliency

Imagine that you are playing soccer, you are running down the field, and all of a sudden, you have crushing chest pain that stops you in your tracks and brings you to your knees. Am I having a heart attack? Am I going to die? Should I stop playing?

These are the questions that I have had to face over the past few years.



ou see, I was born with a heart defect and had open-heart surgery when I was 7 days old. When I was younger, I played sports and my heart condition did not hinder me. I competed and played soccer—the game that I love. But as I got older, things changed. I began having serious chest pain when I played. I remember the cardiologist explaining I needed a thorough

cardiac work-up, and based on the results, that I may not be able to continue to play.

When I left the office, I silently sobbed all the way home. My mom tried to talk to me, but I was inconsolable. I went through stress tests, echos, EKGs and MRIs to try to find the cause. Finally, it was determined that the pain was the result of a combination of scar tissue, growth spurts and the sternal wires in my chest bone. My heart was functioning as it should, but I was experiencing complications from the surgery and multiple procedures I had had over the years.

While I was relieved that I could play, it meant I would have to play in pain. In addition to physical concerns, I also had to overcome mental and emotional issues. I had to confront my fear of dying at a young age.

Through this experience, I have built resiliency by overcoming many obstacles created by this serious physical condition. Initially, I resented my fate. However, at some point, I realized I had two choices: Either I could feel sorry for myself, or I could fight through the condition that I was born with and prevail. I chose the latter.

Although I did not enjoy the constant testing, I accepted the importance of it, and I began to own and embrace my health and to understand the value of the test results and what they meant for me.

Now at 18, although I continue to have chest pain, I have been able to play soccer for 15 years and be the captain of our varsity team my senior year. I own my cardiac condition and realize knowledge is power, and that I need to continually educate myself.

I used the resiliency I developed during my time at La Jolla Country Day School. When I started LJCDS in sixth grade, academics were much harder than I was used to. I started out as a B/C student, but I persevered and adopted new tools and study habits. I am happy to say now I am an A/B student.

I am grateful for my entire LJCDS experience, but mostly that I discovered first-hand what a true family it is. I realize how fortunate I am to have been a student here. A few games into my senior year I had to pause on playing soccer, and as devastating as it was, I felt so supported by my family and friends, and I really felt the support of LJCDS. Coach [Jeff] Hutzler visited me in the hospital, and my teammates and coach came to my house the night I was discharged. I received numerous emails and text messages from my friends and teachers. Everyone made me feel as though I still belonged and had a purpose, and that helped me through.

My unique experience of having a cardiac condition since birth has taught me a lot. If anyone knows "not to sweat the small stuff," it's me. I do not worry so much about perfection, getting the perfect grades, or playing the perfect game. I am grateful for the life I have with an incredible family, friends, doctors, coaches and teachers. I am no stranger to challenges and adversity, and I will use my experiences to be a successful college student and will embrace all life has to offer.

Blake Khaleghi '19 is a freshman at Chapman University. A version of this speech was delivered during assembly in spring 2019.

ACCOLADE

Singing the Praises of a **Standout Teacher**

ower School music educator Wendy Clemente was named a 2019 Educator of the Year by the La Jolla Golden Triangle Rotary Club. Clemente was one of three educators selected from more than 600 nominations.

The Educator of the Year award is given to teachers who show an exemplary contribution to education and a dedication to helping their students. It serves as a way to honor teachers and the contributions they make to the academic and personal growth of their students. As a music educator, Clemente's main goal is to show

her students that everyone is musical and to empower them to learn to use their voices with pride.

Since 2003. Clemente has been a general and vocal music educator in the Lower School, but her talents extend beyond the classroom in the role of costume design lead for the theater production team. She designs and sews costumes for all the Middle and Upper School theater productions. She also co-directed the musical Annie Jr., starring students from kindergarten to Grade 12 for LJCDS's summer program, Summer at Country Day.

"We are honored to have her presence, vision and passion at our school," shares Cindy Bravo, director of visual and performing arts. "Her students love her energy and look forward to being a part of the musicals. Wendy wants us to experience the joy of music, and she provides her students with every opportunity to create a connection and share it with the world."

Clemente has known she wanted to be a music educator since she was 5 years old, watching the children's church choir, and she has dedicated her life to pursuing that dream.

"In my classes, students learn to use their singing voices," says Clemente. "I firmly believe that when a child sees the power of their singing voice, they also understand the power of their speaking voice. They recognize their voice can be used to make art and to make the world a better place. A powerful voice can be used to advocate for the self and for others. A powerful voice can change the world."

-SHELBY TODD '16

"Wendy wants us to experience the joy of music, and she provides her students with every opportunity to create a connection and share it with the world."

Wendy Clemente was named a 2019 Educator of the Year by the La Jolla Golden Triangle Rotary Club.



••• and Beyond

PERSPECTIVE

On the Road: Dialogues Across the Americas

CHRISTOPH VON RUEXLEBEN '09

How does one define success? Ask around, and you will invariably receive a myriad of responses—some of which may be framed around financial achievement. Christoph von Ruexleben '09 believes that some of the world's most underprivileged people are far richer in happiness than those vastly more advantaged. How did he come to this conclusion? Von Ruexleben and a friend drove from California to Patagonia for an adventure of a lifetime.

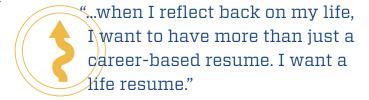
fter graduating from the University of California, Santa Barbara, in 2013 with a degree in economics and global studies, von Ruexleben worked in business development at an advertising agency in San Francisco. While he loved his job, he shares, "I had a realization that when I reflect back on my life, I want to have more than just a career-based resume. I want a life resume."

In July 2018, with a car and a rooftop tent, von Ruexleben and his friend David Grotting embarked from San Francisco, traveling through 19 countries, including Mexico, Guatemala, Panama, Colombia, Peru, Bolivia and Argentina. Their goal was to travel with a purpose, engage in meaningful dialogue with local people, and document their experiences. "We wanted to gain an understanding of the varied human experiences that exist across this distance," von Ruexleben explains.

The project, called Road Dialogues, was a *Humans of New York*-style interview series sharing the lives of the people in the countries they visited. "We met people whose life stories would bring any person to their knees because of the injustices they've faced, yet they are more positive and generous than almost anyone I know," shares von Ruexleben. "It was a glimpse into humanity and an interesting look at human perseverance and generosity and kindness."

Von Ruexleben recalls meeting Adela, a woman from a small town in southern El Salvador, whose unforgettable warmth and kindness left a lasting impression. Despite confronting daily societal, economic and familial adversity, Adela dedicated her life to spreading joy and happiness in her community. Of her hardship, she shared, "Si les doy importancia, no se terminan," which translates: "If I give them importance, they don't end."

Conducting a majority of their interviews in Spanish, von Ruexleben attributes his ability to have meaningful conversations in Spanish to LJCDS educator Eva Power (see spotlight on page 44). "She had a unique way of mixing culture into how she taught Spanish," he says. "It was her influence that got me interested in the cultural aspect of speaking Spanish and visiting these places."



After 295 days, the duo had traveled 24,000 miles, the equivalent of the circumference of the Earth, and had gained a perspective that they never imagined.

"I have never felt more aware of my privilege," von Ruexleben says. "And I've never felt more inspired and empowered to try to spread awareness of the kindness and cultural warmth that Latin America holds. The people who were most generous were often those with the least—it was truly pure altruism under the harshest of circumstances. I was shown how powerful simple actions are in making a positive impact, and I'm hoping to find ways to further that notion through my career and through my actions with friends, family and strangers alike."

-KATELYN SIGETI '06

Christoph von Ruexleben '09 drove on the Pan-American highway in search of adventure and perspective.



ROADDIALOGUES.COM

ELEVATIONS REACHED



20,000'

BOLIVIA

Elevation: 19,993'

Perhaps the most culturally unique stop of the trip, Bolivia kept us in a state of oscillation between utter shock, fear and jaw-dropping amazement.



15,000′

CHILE

Elevation: 15,000'

We experienced the beauty of Torres del Paine's W Trek through some good luck and last-minute booking magic.



ARGENTINA

Elevation: 11,000'

Argentina was a land of hospitality for us. We met amazing people everywhere we went, many of whom invited us into their homes and treated us with extreme generosity. 10,000'



GUATEMALA

Elevation: 5,463'

Born of volcanic fire, Guatemala impressed us with its rolling green hills, massive conical volcanos and incredible lakes.

5,000



NICARAGUA

Elevation: 0'

A beautiful country in the midst of an ugly conflict.

COLOMBIA

Elevation: 3,000'

Colombia floored us with its incredibly diverse landscapes, impressive cities and wideranging culture.





"If approached with the correct mindset, a little scarcity can motivate us to take better care of ourselves—and make decisions that are more likely to benefit us, individually and collectively."

RESEARCH-BASED

Less Can Be More

KELLY GOLDSMITH '97

f you've ever felt like you don't have enough money or time, that you're not measuring up to the crowd or meeting the standards of others, you are not alone. But more importantly, those feelings should not make you feel sad or hopeless, because they can actually lead to making your life—and even the lives of others-better.

In a recent talk at TEDxNashville entitled "How to Make the Most Out of Not Having Enough," marketing professor Kelly Goldsmith '97, Ph.D., dives deep into the various kinds of scarcity we all experience, and how we can leverage that experience into something positive that we can all benefit from.

TEDx events are independently run local offshoots of TED, the renowned nonprofit devoted to spreading ideas, usually in the form of short, powerful talks. In recent years, these talks have grown tremendously, featuring the best and brightest minds on a wide spectrum of topics from academic to spiritual.

In her talk, Goldsmith draws from her 15 years of experience as a behavioral scientist—and her 24 days as a contestant on the game show Survivor, a crucible of deprivation, human instinct and game theory. According to her research, Goldsmith asserts that, if approached with the correct mindset, a little scarcity can motivate us to take better care of ourselves—and make decisions that are more likely to benefit us, individually and collectively.

Goldsmith has earned a position as one of the bright lights in her field. After earning her Ph.D., M.Phil. and M.A. from Yale University, she joined the Kellogg School of Management as an assistant professor of marketing. While at Kellogg, Goldsmith received the Clewett Research Chair and McManus Research Chair for achievements in research and teaching. In 2014, Fortune named her one of "Eight Young B-School Professors on the Rise," and she currently serves as the co-editor of a special issue for two academic journals, The Journal of the Association for Consumer Research and The Journal of Consumer Psychology.

Goldsmith is currently an associate professor of marketing at the Owen Graduate School of Management at Vanderbilt University, where she teaches marketing research and marketing strategy. As illustrated

in her TEDx talk, her areas of expertise are resource scarcity, consumer decision

making and consumer psychology.

-MICHELLE CHOATE







"Because what this suggests is that those in the scarcity condition, those who felt like they didn't have enough, they could be more selfish or more generous as a function of what was in it for them.

This means that scarcity doesn't have to be a blunt instrument that makes us more hostile or aggressive, but rather, it's more nuanced. It can make us keenly aware of returns on investment. Accordingly, we make strategic decisions with our own best interest in mind.

Now, I realize, this may sound like bad news to some. That scarcity increases this form of impure altruism, where people are 'giving to get,' but I don't think this is bad news. I think it's fine, and even good, to take care of yourself, especially if you're in a situation where you're experiencing a threat, like scarcity.

As Stephen Covey famously said, 'In the long run, if it isn't a win for both of us, we both lose.'

Your scarcity can make you better at identifying those win-win opportunities when you help yourself by helping others.

And this is just a tiny portion of the data that I've collected to date that gives me reason to believe that these common everyday experiences of not having enough, they can be put to good use. These frustrations don't have to be limitations. They can increase generosity and facilitate improvements in culture. They can lead to our making choices to take care of ourselves. And these are positive outcomes, both individually and collectively."

Excerpt from TEDxNashville talk by Kelly Goldsmith '97, entitled "How to Make the Most Out of Not Having Enough"

• • • and Beyond

"As a coach's kid, Tommy was around the field a lot, always learning the game. He looked up to the older kids and tried to emulate them. And he was always willing to step up to any challenge."



ATHLETICS

Hitting It Big

TOMMY EDMAN '13

Major League Baseball fans will be happy to know that one of LJCDS's own. Tommy Edman '13. has made it to the show.

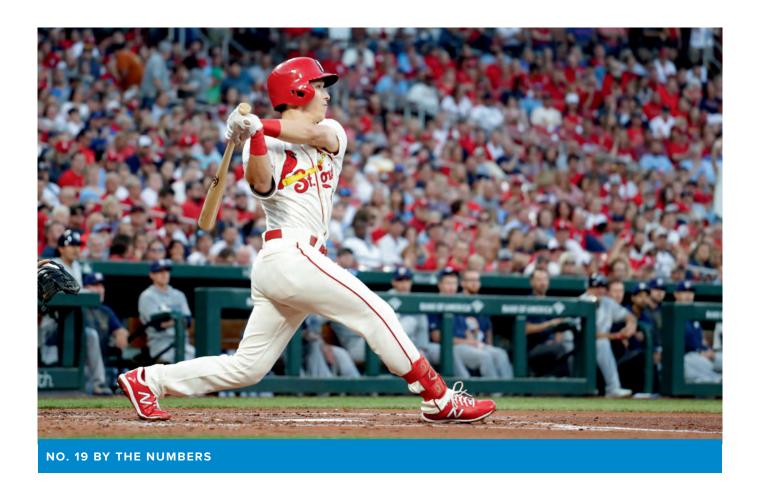
dman, a switch-hitting infielder who was a sixth-round draft pick for the St. Louis Cardinals, was called up to the team from the minors in summer 2019 to fill in for an injured player. Since making his debut, Edman, 24, has made the most of his opportunity. In only 92 games and 349 plate appearances, Edman completed the 2019 season with 99 hits, 11 home runs and 36 RBIs, while making an impact as a dependable infielder. In the postseason, Edman started in all seven games and helped the Cardinals beat the Braves in Games 4 and 5 of the National League Division Series to send the Cardinals into the National League Championship Series against the Nationals.

In many ways, Edman's life in baseball has been building to this big moment. While not a prototypical MLB player—Edman doesn't have a huge, imposing physique or monster stats—he has always been a smart player who has gotten the most out of every bit of his talent. Helping him nurture that talent was his father, LJCDS varsity baseball coach and math teacher John Edman. "As a coach's kid, Tommy was around the field a lot, always learning the game," says John. "He looked up to the older kids and tried to emulate them. And he was always willing to step up to any challenge."

Edman's hard work has paid off at every stage of his career. He was a standout at Stanford University, where he was a Second Team All-American, After being drafted by St. Louis, he entered their farm system and quickly rose through the ranks. Prior to being called up to the majors, Edman was a top hitter for the Class AAA Memphis Redbirds and helped lead them to the Pacific Coast League title.

Edman's journey to the major leagues has always included the support of his parents. "Every step of the way has been great," says his father. "From playing at Stanford to being drafted. As his parents, we were never sure how far he was going to go, but we're always along for the ride. We got to see his first game as a major leaguer! Every place that he's gone, it's been an exciting new experience for him and for us. His playing has brought us all new friends and reconnected us with old friends across the country." - MICHELLE CHOATE

Tommy Edman '13 was a sixth-round draft pick in 2016 and made his major league debut with the St. Louis



MAJOR LEAGUE DEBUT

06.08.19

NATIONAL LEAGUE RANKINGS



IN TRIPLES



IN STOLEN BASES

"As his parents, we were never sure how far he was going to go, but we're always along for the ride. ... Every place that he's gone, it's been an exciting new experience for him and for us. His playing has brought us all new friends and reconnected us with old friends across the country."

MLB CAREER STATS*

*All stats are from June 2019 to the end of the 2019 season.

BATTING AVERAGE

.350 PERCENTAGE

RUNS

THEATER

A Broadway Debut

GRIFFIN OSBORNE '14

Griffin Osborne '14 made his Broadway debut as the understudy for three lead roles—Oisin Carney, Diarmaid Corcoran and Shane Corcoran—in *The Ferryman*. The Broadway production tells the story of family, love and hope during a time of political turmoil in Northern Ireland in the early 1980s. It earned a 2019 Tony Award for Best Play, among other awards. Below, Osborne shares his experience.



"Stepping into
what is potentially
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young people."

Being an Understudy

It's a tough gig. The preparation you have to do is in some ways greater than if you were the onstage performer. You have to build and calculate into your performance every permutation of what could potentially occur so that you're never thrown off-balance should you go on. We have limited rehearsal on stage with props, so there's a lot of preparation through imagination and observation, as well as diligent homework.

Challenges

For someone like me, who covered multiple parts, there are often pieces of the play where your characters are interacting with each other, and you have to be able to compartmentalize so you don't get up there and start saying someone else's lines. There's also an

emotional journey you are taking with each character, but you have to balance that with thinking about the mechanical business of where a prop goes or which part of the dance you're in.

Covering the Lead Roles

I was lucky to go up for almost a quarter of all our performances and performed all the roles I cover.

Acting on Stage vs. Screen

It's most similar to the difference between watercolors and oils or ballet and jazz. If you're proficient in one, you have the tools to hypothetically understand the other, but the medium is different. Theater is an art form that ends with the actor. A writer can write it and a director can direct it a certain way, but at the end of the day, it's my body and voice and interpretation through which the audience is receiving the story. In film, the actor's performance is at the mercy of the director, cinematographer, gaffer and, especially, editor.

Lessons

Every lesson I've learned as an actor I've learned as a person; remarkably (and perhaps pretentiously) the two are genuinely intertwined. The power of listening is one lesson. There's a difference between waiting for someone to finish their line so you can say yours and putting all your focus and intent into listening to understand.



Understudies for The Ferryman, Holly Gould, Trevor Braun and Griffin Osborne '14

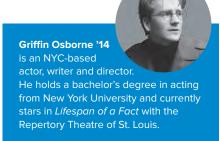
LJCDS Influences

Certain teachers, including Scott Feldsher, Sarah Golden, Cindy Bravo, Gary Peritz and other members of the English department, were incredibly supportive of not just my acting but also my playwriting. The student plays equipped me, above all else, to go into what I want to do. Equally, the material that Scott chose was dangerous, challenging, morally complicated and controversial. Engaging with material like that is something you don't often find in a high school environment. The conversations that came from handling such material put me 10 steps ahead of most of my contemporaries. Education in the arts does not work well when censored. Stepping into what is potentially controversial and having an open and challenging conversation is the best way to equip young people.

What's Next

I am starring in *Lifespan of a Fact* with the Repertory Theatre of St. Louis. It's a comedy that deals with truth and journalism and feels like a fantastic counterpoint after Ferryman.

-INTERVIEWED BY TIFFANY TRUONG



66 Overheard 99

You will continue to serve and empower others in your own distinctive way. You will live in the spirit of La Jolla Country Day School as unravelers of complexity, responsible fact-checkers, open-minded seekers of new ideas and ideas that challenge the status quo, and most of all, persistent truth-tellers.

Gary Krahn, Ph.D., head of school, commencement speech

I'm not going to choose a career path or a way of living the rest of my life based on the stuff that I'm good at but based on somewhere I see need.

Raquel Ramirez '19, in a video interview

The people at LJCDS gave me something to look forward to in the mornings and something to miss in the evenings.

Dakota Hernandez '19, lifer student Q&A

It's that marriage of mentorship and truly the validation that comes from having someone who is at the top of their game or a professional in their field putting an arm around you and saying "I see this in you. I see your ability."

Inez Odom, assistant head of school for enrollment management and outreach, $\textit{Roots \& Wings}\ podcast$

It was purely my education that helped me learn to think for myself... to figure out how to wade through difficult problems and difficult challenges going on in my life and throughout the world.

Nina Church '12, Roots & Wings podcast

I love Country Day.... In hindsight, I don't think I realized how big of a gift my parents were giving me. ...
It prepared me so well in so many different ways.

Jamie Coleman '07, Roots & Wings podcast

Opportunities aren't just handed to you, and they're not forced on you. You have to take advantage of them, otherwise they'll just slip by.

Newland Zhang '19, senior spotlight article

We're interested in helping a person find—through multiple perspectives and through multiple opportunities—their voice.

Cindy Bravo, director of visual and performing arts, Roots & Wings podcast

People here really care about you, and they want you to grow, and they want you to learn from your experiences.

Divya Chunduru '19, in a video interview

Your desire to protect your child and help them navigate the complex world is natural. Learn to listen to understand rather than listen to respond.

Michelle Hirschy, Upper School counselor, news article

The middle schooler still has to live inside of you if you want to truly be part of this community.... We are building a set of adults who recognize that it's not all going to be logical.

Ryan Song, head of Middle School, Roots & Wings podcast

I have attended La Jolla Country Day School for my entire life, and it has truly become like my second home. I have had so many opportunities to explore different classes and activities in my time here, and the school has shaped me into the person I am today.

Anonymous Junior, Niche.com, LJCDS review

SELLING SELLING BUILDING

BUILDING RELATIONSHIPS

BY MICHELLE CHOATE

Cyberattacks. Hacking. Data breaches. Computer viruses. Identity theft. These are terms that have become frighteningly common in the digital age. As we conduct more and more of our social and business lives online, our exposure to an abundance of cybercrimes grows greater and greater.





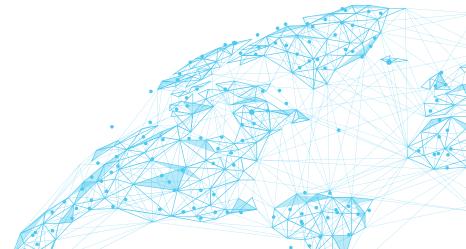
"We hear more about data breaches and spillages, and our solutions have evolved to contain those problems. One of the biggest transitions we've witnessed over the years is from providing on-premise networking perimeter defense to security for cloud-based networking environments."

For the United States government and major corporations, the risks of cyberattacks—and the subsequent costs of such attacks—are astronomical. As a result, they have grown hypervigilant in their quest to protect themselves from such threats. Part of this protection comes through the engagement of cybersecurity firms that provide IT security and information assurance for businesses, government and critical infrastructure.

When Rinaldi Pisani '87 joined the cybersecurity realm 20 years ago, the industry did not yet have such a high profile in the daily news, nor was it filled with the international intrigue and infamy that it is associated with today. Then known as information security or information assurance, the industry was focused primarily on compliance and risk management. But in a world that has become increasingly dependent on computers and online systems—and with the lightning speed at which technology changes and grows—information security firms had to be quick to adapt. Shortly after Pisani joined his current company, Telos, the firm took steps to embrace the transformation that would soon be known as cybersecurity.

"I have spent a lot of time in cybersecurity, and things have certainly changed. The government, the military and now private firms are highly focused on cybersecurity, and the issues around it are a lot more prevalent—and more widely reported. We hear more about data breaches and spillages, and our solutions have evolved to contain those problems," says Pisani. "One of the biggest transitions we've witnessed over the years is from providing on-premise networking perimeter defense to security for cloud-based networking environments."

Pisani's company has been in the cybersecurity space for more than three decades. Telos promotes cybersecurity, cloud security and enterprise security, and solutions in all of those areas. Telos has always supported all aspects of the United States government, including the CIA and other sectors of the intelligence and special operations communities, the Department of Defense, federal civilian agencies and state governments. In recent years, however, the company has emerged in the commercial space as the private sector has embraced the security standards of the government and military. The company, which works in both classified and unclassified spaces, now counts among its clients Fortune 50 companies, independent software vendors and manufacturers.





OVERCROWDED AND UNDERQUALIFIED

As the company has grown, new challenges have emerged—and not just from increasingly sophisticated cyberthreats. "The cybersecurity space has become crowded. Anyone with a software tool will make a claim that it provides cybersecurity," explains Pisani. "We have to spend time defining how Telos is unique and what value we bring. For example, the phrase 'continuous monitoring' has many connotations for different people, but what we do and how we do it is different than some of the other companies. There is a place for everyone depending on what the customer is looking for, as it relates to cybersecurity and risk management."

But while the industry itself is overpopulated with firms, those firms are suffering from a dearth of skilled professionals. As a result, winning a new client is only half the battle; finding enough talent to staff their projects is becoming increasingly difficult. And if you do find skilled people, the hot market means they can command top dollar. In order to grow the workforce, firms like Telos are working with colleges and universities to promote cybersecurity educational tracks and engaging in various internship programs. "We will grow the workforce," says Pisani. "It's just going to take time and patience."

OPEN TO EVOLUTION

Pisani's role at Telos has evolved along with the business, which is one of the many reasons he'll be celebrating his 20th year with the company in February 2020. "I've stayed here because I've been afforded the opportunity to do different things, and there has always been potential for upward mobility and to work in different areas of the company, such as operations and P&L management," explains Pisani. "Over the years, I've managed from 5 people to 150 people. It has been refreshing to be able to do these different things, and it's nice to have new challenges."

When he first joined the company, Pisani worked in Army sales, then ran the Department of Defense sales team. Eventually, he was running cybersecurity sales and then moved into cybersecurity operations. Later, when the company had a need for business development and sales, Pisani went back to that where he has been since 2014.

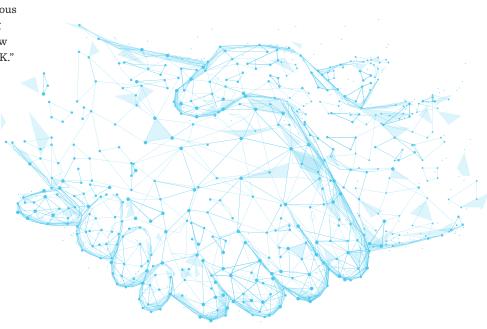
After almost 25 years in information and cybersecurity, Pisani is still excited by the industry and the products he works with. "Telos has some dynamic new solutions, like Telos Ghost, a misattribution, an anonymization and an obfuscation tool that allows users anonymous access to the web, which is beneficial for people doing threat intel research—or any research—by being able to go into the 'dirty web,'" says Pisani. Who might use such a tool? "People who are planning a trip may want to do research on a local area without that local area knowing they are coming from the U.S.," explains Pisani. "So we allow them to make it look like they are coming from Ireland."

One might think that his day job would make Pisani hypervigilant when it comes to his personal computing, but that is not the case. For himself, and for the average person, he believes in being conscientious but not paranoid, when engaging in online banking and other cyberactivities. Says Pisani, "If you follow common sense and best practices, you should be OK."

THE POWER OF PEOPLE

The Telos opportunity came to Pisani in the same way that other life-changing opportunities have come to him: as a result of his wide group of friends, his strong personal network and his openness to new experiences. "I had a friend working at Telos who had been promoted from an Army sales capacity to running the Department of Defense sales. He was looking to bring somebody on. The timing was right, and it sounded like an interesting company and a chance for more solution selling, so I made the jump," says Pisani.

The job Pisani jumped from was with Westwood Computer (which eventually became Emtec), where he rose from baseline sales to national government sales manager. And, true to the pattern, he got the job through his personal network. "After graduating from Georgetown, I stayed in the area looking for a job. I was playing for a local men's rugby club and asked if any of the guys on the team knew of any openings, not knowing what path it would take," says Pisani. "Many of my teammates were involved in IT solutions, products and services." And soon, Pisani had his first job. The Telos job is only his second.





"I've always valued personal interactions, and I've been very fortunate, starting with high school, to develop a core group of friends that have stayed with me throughout my life. Fortunately, my desire to build relationships has rolled into my professional life."

KEEPING IN TOUCH

Making connections and forging long-term bonds has always come naturally to Pisani. He entered La Jolla Country Day School as an upper schooler, but he instantly felt at home and made fast friends with other students who had known one another for years—friends he remains close with to this day. "I am on a daily text chat with five or six core buddies of mine from Country Day," he says. "I have fond memories of my time there and have made it to the 10th, 15th, 20th and 25th reunions. I definitely keep in touch."

Pisani's choice of Georgetown for college was influenced in part by LJCDS's headmaster at the time, Dr. Tim Burns, who was a Georgetown alumnus and often spoke to him about the university. At Georgetown, Pisani made more lifelong friends—none more important than his wife of 22 years, Christina. The couple have two daughters: Julia, who is at the University of South Carolina, and Mia, who is a sophomore in high school.

These days, staying at the same company for two decades is a rarity. But given how highly Pisani values people and relationships, his extended tenure at a company with a culture that promotes connection and mutual support makes perfect sense. "Telos is a very relationship-driven type of organization—with our partners and customers but also internally. There is tremendous longevity here. The CEO and COO have both been here for almost 30 years, and many of my colleagues have been with me my whole time here. It gives a sense of camaraderie, support and confidence," says Pisani. "We had a manager who said, "This company feels like a ball team.' I think he meant that we were a very well-knit team, with people going out of their way to help and support one another."

Says Pisani, "I've always valued personal interactions, and I've been very fortunate, starting with high school, to develop a core group of friends that have stayed with me throughout my life. Fortunately, my desire to build relationships has rolled into my professional life. I have the ability to build relationships with colleagues, partners and clients, and some of those professional relationships have transformed into friendships. I count myself lucky for that."

BY TIFFANY TRUONG

INITIAL BILLION ABSTRACT

Look back at your childhood.

Can you name experiences that were influential to your life as an adult? Oftentimes, the moments that resonate—that have had a lasting impact—are the ones you never thought twice about at the time.



Ali Silverstein '98 fondly remembers visiting the Pacific Design Center in West Hollywood (also called the Blue Whale) with her grandma, Gert, an interior designer. She recalls sitting on the floors of the showrooms, playing with textiles and fabric swatches.

Never could she have predicted that the hours spent exploring and arranging fabric swatches at age 4 would influence her creative process as an artist today. "That is exactly what I do here," Silverstein shares. "I essentially make my own textiles and then cut them up and move them around."

In her studio in Los Angeles, vibrant largescale canvases fill the spaces of her white walls, and massive colorful sheets and cutouts of previously painted canvas pile on the floor and on racks. Silverstein uses paint as a medium but doesn't consider herself a traditional painter. Her works are designed with layers of overlapping canvas that are painted, stained, stenciled or cut into shapes. Her practice is physical in nature. A painting may begin at handscale but can evolve into a sculptural construction at body-scale.

"Often it feels more like dancing than anything else," she shares. "I'm always dragging these huge piles of canvas across the floor and putting them on top of other things. Then dragging something, putting it up on the wall, pulling it back down again, and then sweeping it with paint."





THE WORST THING THAT CAN HAPPEN WHEN YOU'RE PAINTING IN THIS WAY IS WHEN YOU MAKE SOMETHING YOU LIKE AND THEN YOU HAVE THIS IMPULSE TO PAINT LIKE A BIG BLUE TRIANGLE, AND YOU DON'T **ALLOW YOURSELF BECAUSE YOU MIGHT RUIN THIS PRETTY** THING YOU DID, AND THEN NOTHING INTERESTING EVER HAPPENS.

Silverstein's work has been featured in multiple solo exhibitions around the world, including in London, Tel Aviv, Mexico City, New York City and Santa Fe. Additionally, she has been an artist-inresidence at the Bialik space in Tel Aviv and at the Esalen Institute in Big Sur.

Much of Silverstein's practice is improvisational and unpremeditated.

Her final product is a surprise. Its philosophical spirit is best described as abstract expressionism and action painting. "The marks that I make and the actions that I take are extensions of my body," she shares. "I work very spontaneously when I am painting. It's very gestural."

For a perfectionist, trusting her instincts in her creative process takes ongoing practice and discipline. In the earlier years of her practice, Silverstein mainly painted preconceived images, such as a bowl, a landscape or the front

page of The New York Times. In 2013, her philosophical approach to painting evolved. Silverstein began teaching herself to incorporate the creative moments during her painting process by allowing her instincts to guide her brush or next move, "For some people, it wouldn't be so difficult," she says. "For me, it was very difficult because I would feel how my mind interfered with my impulses constantly. Having to learn how to override my mind took a lot of work. I learned how to deal with resistance and with being afraid to ruin a painting, and I learned how to follow my instincts. Perfectionism is something I try to fight against in art-making."

Silverstein's process is spontaneous, but not everything is unplanned. The

ideas often begin with a question or a deep curiosity. "It can be anything. For example, I might decide I want to paint bowls of fruit, and I will delve into the exploration of bowls of fruit almost in a scientific

way," she says. "I want to really investigate the idea: What can I do with it? How can I pull it apart and put it back together?" Silverstein's process of constantly questioning "What happens if..." and her ability to place a unique lens on an idea result in work that upends the status quo. "Anything you can imagine ahead of time and feel comfortable with means that it's been pre-approved somehow," she shares. "And that's not very interesting."

She remembers another childhood experience that proved influential to her art-making process today. Silverstein used to spend hours walking on the sand, collecting shells with her dad while on vacation in Hawaii. "I would pick up those shells and then look for somewhere else to put them," she recalls. "I was interested in picking up the shell, appreciating its shape and color, and then giving it a new place to be, which is what I am doing in the studio all the time."



May 1, 2016, 2016 60"×80" Acrylic on canvas

Taking risks and pushing boundaries are part of the process, although fear may sometimes get in the way. "There isn't such a thing as [going] 'too far," she explains. "The danger is much greater on the 'not going far enough' side. There are more times that I feel like I haven't gone far enough. The worst thing that can happen when you're painting in this way is when you make something you like and then you have this impulse to paint like a big blue triangle, and you don't allow yourself because you might ruin this pretty thing you did, and then nothing interesting ever happens."

Silverstein's body of work isn't all improvisation, however. Figurative painting, specifically portraiture, is where her practice began. Today, portrait commissions continue to be a beloved part of her craft. "It's an amazing thing to enter people's homes and lives to have this brief but intimate time with them," she shares. "I feel very present, very connected. We have

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a photo session in the person's home, which can take up to four hours. I take hundreds, even thousands of photos, and then spend hours going through them again and again before I begin to paint. I really love doing something so slow and old-fashioned in a fast-paced world of digital image overload. These are physical. They are heirlooms."

In 2009, Silverstein's boyfriend died in a car accident. While trying to understand and make sense of this life-altering event, she turned to the creative process to find meaning. Silverstein documented everything after her boyfriend's death: She interviewed his friends, captured her own thoughts and feelings, traveled, and scattered his ashes around the world. "When someone dies suddenly like that, it's a very unnatural feeling," she says. "You're just completely in shock, and things move really quickly. Maybe part of grieving is trying to understand or find meaning in why



this event happened. I needed to make a story describing what it was all about." Her four-year journey resulted in the creation of a featurelength nonfiction film, Afterglow, which premiered at the Reykjavík International Film Festival in Iceland.

Silverstein exhibited her first solo museum show at the Museum of Contemporary Art in Tucson in fall/winter 2019. The project, entitled The Fantastical Reconstruction of the Epine GY7, Chapter 1: The Fragments, documents the 1948 shipwreck of the British fishing trawler Epine GY7. The inspiration for the show emerged from a visit

to Dritvik Beach in Iceland, where fragments of metal from the shipwreck remain. Silverstein documented and archived the three-dimensional fragments as graphic two-dimensional rubbings. "Every time I am in Iceland, I have this urge to document the pieces somehow," she shares. "Finally, last summer, friends of mine and I went back, and we spent five nights, all night long, making rubbings of every piece of metal on the beach. The works are all about using fragments of evidence to create meaning-how in a sense all of our experiences are 'redacted,' and we are compelled to make sense of them."

In addition to presenting in galleries around the world, Silverstein keeps her plate filled with various commissioned projects, including murals and billboards. UK-based premium paint and wallpaper manufacturer Farrow & Ball selected Silverstein to create the very first mural for their flagship showroom in West Hollywood. Using the brand's proprietary paint, she created a 50-by-12-foot mural above the store. "I like any project that allows me to explore something I've been wanting to explore and gives me the opportunity to present that exploration in an interesting way," Silverstein says. "Commissions can be very valuable, creatively."

THE MARKS THAT I MAKE AND THE **ACTIONS I TAKE** ARE EXTENSIONS OF MY BODY.





Sophie, 2011 36"×54" Acrylic on canvas



Her passion for art and poetry was nurtured at LJCDS.

Silverstein fondly remembers the Bostons: Mr. Boston, Upper School English teacher, and Mrs. Boston, Upper School visual arts teacher. While she didn't have Mr. Boston as a teacher, he helped her explore poetry. "It was like an independent study," she recalls. "Mr. Boston helped me with poetry outside of regular class hours, challenging me to think about language in different ways." About Mrs. Boston, she shares, "It was much more like a mentorship relationship. I was really into Egon Schiele, as most young art enthusiasts are, and I wanted to learn how he did what he did. She would help me learn the techniques to create what I was envisioning. These two nurturing and inspiring people both helped me find my voice." Silverstein was the recipient of the Pen Women Award for her portrait work at LJCDS.

When Silverstein joined the LJCDS community in the second grade, former Head of School Chris Schuck was her secondgrade teacher—and then also her fourth- and sixth-grade teacher, and eventually, her head of Upper School. "Mr. Schuck is a legend," she says. "The 'Only Connect' quote by Confucius displayed in his sixth-grade class is something I still think about and ponder often. Every story he told was almost like a philosophical parable. He was brilliant and gentle, and that was a beautiful combination. Even though it has been so long, he is kind of a hero of mine."



I LIKE ANY PROJECT THAT ALLOWS ME TO EXPLORE SOMETHING I'VE BEEN WANTING TO EXPLORE AND GIVES ME THE OPPORTUNITY TO PRESENT THAT EXPLORATION IN AN INTERESTING WAY.

Blond Head, 2017 95"×91" Acrylic, oil, canvas, curtain rod

After LJCDS, Silverstein attended Columbia University, where she earned a bachelor's degree in visual arts and comparative religion. She earned her MFA in painting from the Slade School of Fine Art in London. While at Slade. Silverstein became one of the inaugural advisors to the Outset Contemporary Art Fund in London.

Whitewall, an independent art and luxury lifestyle magazine, named Silverstein "Artist to Watch" in 2017. When asked what's next for her, Silverstein shares she is using a scrapbook from a thrift store in New Orleans as a source of inspiration. She will also continue to do commissioned portrait work. Stay tuned.

Milestones*

ENGAGEMENTS, MARRIAGES & BIRTHS











Austin Lyman '06 and wife Elizabeth Lyman welcomed son Wyatt Stephen Lyman on July 18, 2019. He joins older brother Bradford Lyman.



Jessica Laun Shaw '01 and husband Cullen Shaw welcomed son Julian Harris Shaw on June 1, 2019. He joins older brother Solomon Connor Shaw, born January 25, 2016.



John Noerenberg '06 and wife Cara Noerenberg welcomed son Brayden Scott Noerenberg on February 16, 2019.



Alexa Zigarmi Talbot '04 and husband Ryan Talbot welcomed daughter Susannah Talbot on February 7, 2019.

STAY CONNECTED

We want to hear from alumni! Are you celebrating a life event? Have news to share? Send us a class note. All class notes will be published online.

ℰ LJCDS.ORG/ALUMNI













Adam Saven '08 and Bianca Bianchi Saven '10 got married on September 15, 2019 in Carmel-by-the-Sea, California.



Lisa Liguori '92 married David Calvo on May 4, 2019 in Rancho Santa Fe, California.



Sarah Belpedio '11 is engaged to Drew Doggett. They plan for an August 2020 wedding.



Kevin Kuntz '11 married Jenni Buron on September 21, 2019 in Dallas, Texas.



Nina Church '12 is engaged to Christopher Barber. They plan for a December 2019 wedding.

of gla fluid FIELD TRIP TO The Couch on of

THE BANK



In April 1959, a La Jolla resident offered the La Jolla Federal Savings and Loan Association a collection of pennies to display in the bank. The complete set included the United States minted one-cent piece, spanning the years between 1793 and 1959. The bank's spring theme that year was "It Pays to Save Your Pennies," a promotional event to teach La Jolla's youngest residents about the value of saving.

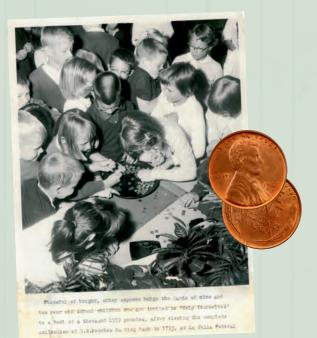
Mrs Banns

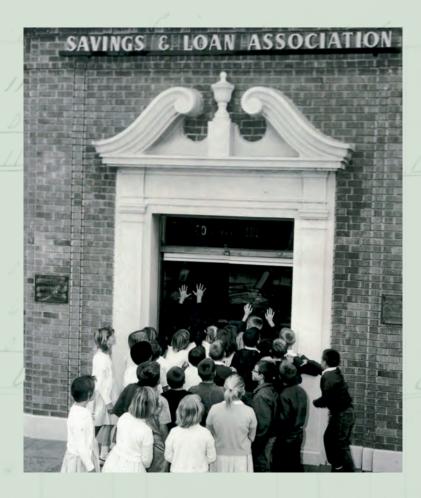
Early among the collection's many visitors were the third- and fourth-grade classes from La Jolla Country Day School on Prospect Street. The students lined up at the door, excited to see this overview of American history and the special value of the one-cent coin. The students also learned about the U.S. economy from the experts at the bank. The collection of 270 different coins showcased the evolution of American currency, from the large cent pennies that existed through 1857 to the 1909 shift of the Indian head design to the now-familiar portrait of Abraham Lincoln.

After viewing the complete collection of coppers (with the exception of the steel pennies minted in 1943 due to a wartime shortage of copper), the schoolchildren were encouraged to "help themselves" to a plate overflowing with 1959 pennies. To the burgeoning coin collectors, these were truly pennies from heaven.

"It is difficult for children in La Jolla to get the plain penny date (pennies minted in Philadelphia, noted for lacking a letter 'D' under the mint date) for 1959 for their collections," said Silbey Sellew, the president of the savings institution. "Most of the Western circulated pennies come from the Denver, Colorado, mint." Sellew finally noted, "It's amazing how the schoolchildren of today dote on collecting pennies. ... All savings institutions delight in observing careful savings among young people. It makes for a healthy community, a happy life, security and a successful nation."

-RAFAEL EATON



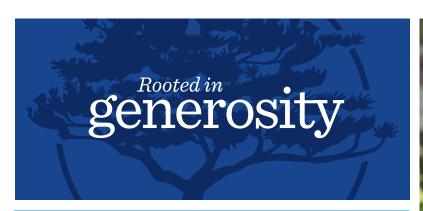


7 CENTS OF FUN FACTS

- 1. Pennies were the first coins minted in the United States.
- 2. For one year, in 1943, pennies were made out of zinc-coated steel because copper was reserved for war materials.
- President Lincoln has appeared on a one-cent coin since 1909.
 He is the first American president to be on an American coin.
- 4. The first one-cent piece, made in I793, called the "large cent," was as big as a half dollar. It was replaced by a smaller penny in I857.
- 5. In 1959, the penny was redesigned with the Lincoln Memorial on the backside in honor of Lincoln's 150th birthday.
- 6. The U.S. Mint produces more than 13 billion pennies annually.
- 7. More than two-thirds of all coins produced by the U.S. Mint are pennies.



Giving Back +



Philanthropy at LJCDS | Noah Blake '89

La Jolla Country Day School is an everlasting community filled with a unique alumni network. Alumni continually give back to their alma mater by granting their time, expertise and resources to ensure that generations of Torreys benefit from the school's mission in perpetuity.

Noah Blake '89 embodies that spirit of philanthropy. He had enthusiastically spearheaded the class of 1989's 30-year reunion celebration and has consistently given to the Country Day Fund.

"I give back to Country Day first and foremost as an acknowledgment that the school had a meaningful effect on shaping the trajectory of my life and the person I've become," shares Blake. He doles out special praises for his teachers who played an integral role in framing his life's path. "To me, Country Day is and always has been about the people. Faculty and staff sacrifice a piece of themselves to help shape young minds, academically and socially. I'm grateful to those folks who did this for me—some of whom, to my amazement, are still at the school."

As the director of alumni relations and annual giving at Deerfield Academy, Blake understands the integral role philanthropy plays not only in sustaining an independent school but also in strengthening the community of excellence.

"I'm teaching my children to give back consistently to their schools, even though the gifts they are making are participatory in nature," he shares. "Philanthropy is, at its core, a statement of faith and an important one to make whenever possible at any level."





HELP US GROW OUR LEGACY FOR THE NEXT 100 YEARS

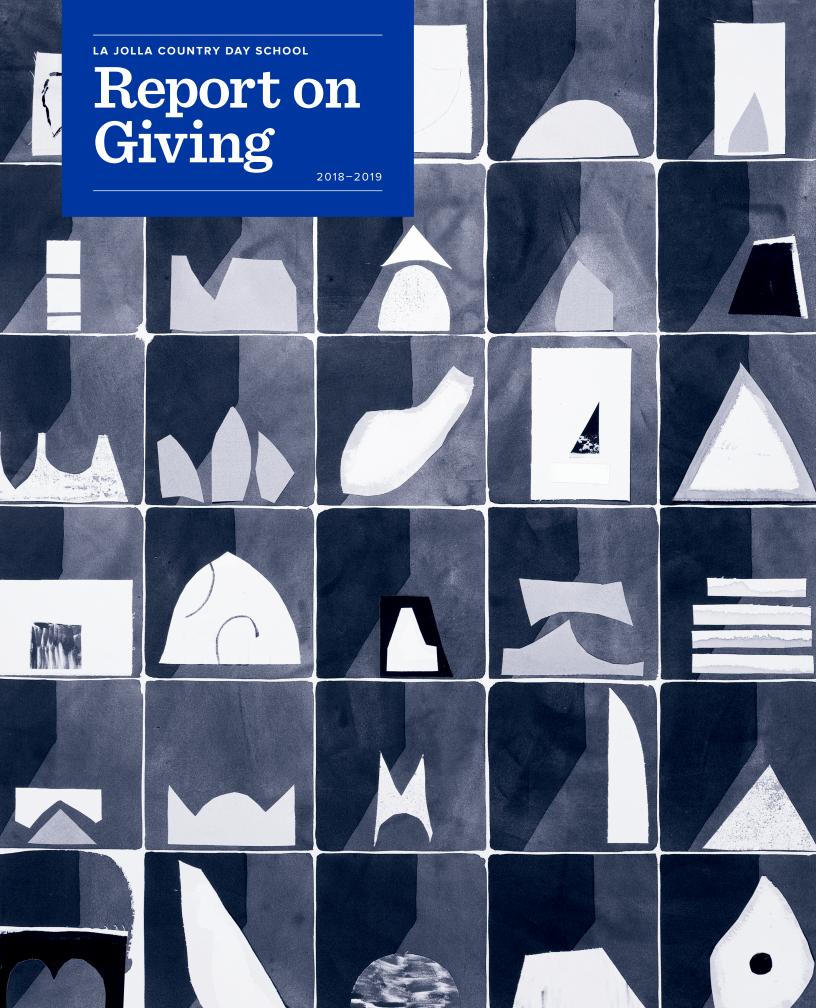
To learn more or to make a gift, visit www.ljcds.org/giving or contact Assistant Head of School for Philanthropy Susan Nordenger at snordenger@ljcds.org.

LJCDS.ORG/GIVING



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LA JOLLA COUNTRY DAY
SCHOOL PREPARES
INDIVIDUALS FOR A
LIFETIME OF INTELLECTUAL
EXPLORATION, PERSONAL
GROWTH AND SOCIAL
RESPONSIBILITY.

Dear LJCDS Community,

AS WE BEGIN OUR 94TH SCHOOL YEAR. WE WANT TO EXPRESS OUR APPRECIATION to the many donors and volunteers who so willingly and generously give their time, energy and financial resources to advance the LJCDS mission and support the great work of our teachers and students. Every gift of time and treasure, every gathering attended, and every moment taken out of your day to see the humanity in one another enhances the LJCDS experience. Your role in the LJCDS community—as alumni, parents, trustees, grandparents and friends-allows the board, administration and faculty to help tomorrow's leaders find their purpose in a challenging and nurturing environment. For that, we are most grateful.

We also give thanks and recognition to former Board of Trustees President Chris Richey, who had selflessly and tirelessly led the board for the past two years. His leadership was recognized by the California Association of Independent Schools and is instrumental to the long-term success of our school.

The 2018-2019 school year was a time for both reflecting on our rich history and actively planning for the future. This past year, with your help, we graduated an incredibly thoughtful class of seniors, connected young students to mentors, challenged our students to take risks in their academic and co-curricular programs, provided robust educational opportunities for our community, and, day by day, sought to find greatness through acts of goodness. We put into motion a significant effort to reduce our carbon footprint, begin a nationally recognized health and wellness initiative and align resources to support the heart and soul of our school-our teachers.

During the past year, the school enjoyed extraordinary financial support. Unrestricted gifts to the Country Day Fund grew by more than 16%, the largest increase in recent history. The \$1.4 million in cumulative contributions provide critically important funds that account for about 4% of the annual operating budget. It has been a time of considerable progress and excitement as we look to the future with a sense of optimism and determination.

Thank you for your support of LJCDS during the 2018-2019 academic year that fueled the excellence in student achievement, faculty accomplishment and institutional success that are hallmarks of our school.

Gratefully,

Gary Krahn, Ph.D. Head of School

Lucy Smith Conroy '90 **Board of Trustees President** **BOARD OF TRUSTEES**

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I give back, not only as an alumna but also as an educator. I want to ensure that La Jolla Country Day School continues to make a difference in the lives of young children for years to come.



Laurel Johnson '12

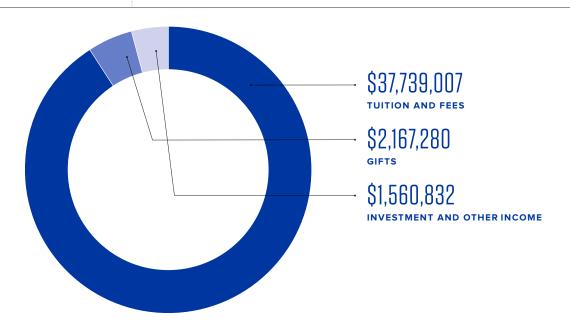
Philanthropy

Philanthropy plays a significant role at La Jolla Country Day School. Since our founding in 1926, we have benefited greatly from the support of parents, alumni, grandparents, board of trustees, faculty, staff and friends who continue to invest in excellence and lifelong learning. Philanthropy is the distinguishing factor between a good school and an exceptional school. LJCDS is grateful to our community and invites you to learn more about ways to become part of this tradition of giving.

Financial Highlights 2018-2019

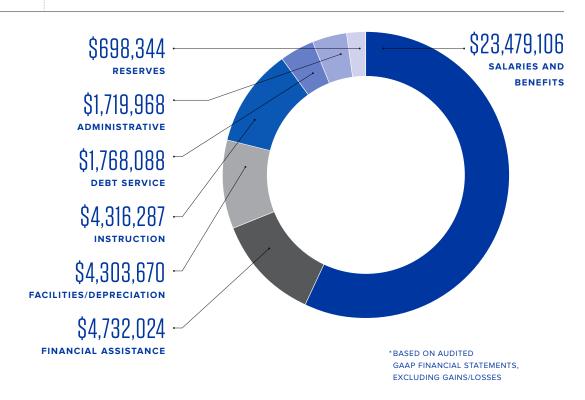


\$41,467,119 total operating income



$Expenses^*$

\$41,017,487 TOTAL OPERATING EXPENSES



The memories and contacts I made at LJCDS are what inspire me to stay connected to the school. Donating allows the school to improve and better support its students. I give back to LJCDS because I want future students to have the opportunity to have an impactful experience like my own.

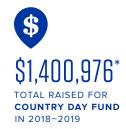


Shelby Todd '16

Country Day Fund

For nearly 100 years, La Jolla Country Day School has provided meaningful opportunities and experiences for our students. Thanks to the confidence and commitment of our community, we have been able to meet challenges, exceed goals and set the pace for excellence.

These unrestricted annual contributions made by alumni, parents, grandparents, faculty, staff, friends and students guarantee a future for our school. They build and sustain a culture of philanthropy and continue to inspire greatness for a better world.



*Includes CDF restricted giving

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2018-2019

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As a lifer at LJCDS, I can directly attribute the teachers, students and programs with exposing, developing and inspiring me to pursue that which I am passionate about. For that I am forever grateful.



Matthew Wirtz '20, LJCDS lifer

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*Includes in kind donations and match

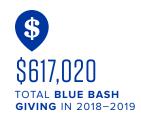
I value my role as an LJCDS lifer because
I have had the opportunity to grow up in one
of the most uniquely inclusive communities.
I have created some of my most cherished
relationships with teachers and friends
along the way, and earned an education that
has enabled me to grow into a conscientious
global citizen.



Lauren Ziment '20, LJCDS lifer

Blue Bash Giving

Every spring, the Parents Association, in partnership with the Office of Philanthropy, hosts an evening fundraising event. Blue Bash raises money for tuition assistance, professional development, endowment and future Parents Association activities. Donors contribute in many ways, which include purchasing sponsorships or tickets to the event, participating in the silent and live auctions, and raising paddles in support of our funding priorities. We thank our Blue Bash Committee for their leadership and dedication to furthering our mission.



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I return to Country Day because—even a decade after graduating—it has proven to be the most impactful institution I've ever been a part of. From the faculty who are deeply invested in your success to programs and experiences that extend far beyond the campus, Country Day is so much more than an education; it is a crucible of personal growth during one of the most transformative times in your life.



lan Han '10

Special Gifts

One of the most meaningful ways donors can make a difference is by designating their gift in honor or memory of a teacher, coach, mentor or program that has left a lasting impact on their growth and development. Others choose to highlight and recognize their children or grandchildren when giving back to LJCDS.

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Anonymous

As someone who went through the Lower, Middle, and Upper Schools at Country Day, I had a lot of great learning opportunities that I wouldn't have had in other school settings. It's important to me as an alumnus to give back and help make sure other kids have the same quality of education.



William Carleton '11

ALUMNI EVENTS 2020

COLLEGIATE ALUMNI PANEL

Alumni from the Class of 2016 will share their advice, wisdom and experience in a panel discussion with the senior class. January 8, 2020, 10:40 a.m.

January 8, 2020, 10:40 a.m. La Jolla Country Day School Community Hall

CAREER DAY

Alumni return to campus to share their career paths with the Upper School. March 17, 2020 La Jolla Country Day School Amphitheater

LEGACY FAMILY DINNER

Celebrating our legacy families—our alumni who are current LJCDS parents, as well as their children and parents. April 15, 2020

La Jolla Country Day School Community Hall

LIFER LUNCH

Celebrating our Class of 2020 Lifers May 19, 2020 La Jolla Country Day School Community Hall

ALUMNI WEEKEND 2020

August 29-30, 2020

DECADE AND 25-YEAR REUNIONS Classes of '70, '80, '90, '95, '00 & '10 August 29, 5 p.m. La Jolla Country Day School Community Hall

ALL-ALUMNI FAMILY PICNIC
For all-alumni and their families, including spouses,
children and parents.
August 30, 11a.m.
La Jolla Country Day School Softball Field

Alumni Giving

Graduates give back to their alma mater in a myriad of ways, including volunteerism, mentorship and financial contributions. Their generous donations of time, treasure and talent enhance and advance our alumni program. To our dedicated alumni community whose commitment to philanthropy strengthens La Jolla Country Day School in perpetuity, we offer our utmost gratitude.

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With the aid of the Pritzker family,
I was able to attend a neuroscience and
psychology program at Yale University
where I explored the brain from an
interdisciplinary approach. In addition to
the academic and research focus
of the program, I met people from across
the country and the world. I know that
the friendships I have made with a diverse
group of people who are interested in
cognitive science will carry through with
me as I pursue a career in this field.



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